



vision questionnaire

It is important to make sure our team has a complete understanding of your visual needs. This questionnaire will help us recommend optical options best suited to your unique lifestyle and preferences.

Name: _____

Date: _____

Occupation: _____

Age: _____

1. Please check all of the listed activities you participate in:

- | | | | |
|--|--|---|---------------------------------------|
| <input type="checkbox"/> arts and crafts | <input type="checkbox"/> fishing | <input type="checkbox"/> painting/drawing | <input type="checkbox"/> tablet use |
| <input type="checkbox"/> baseball/softball | <input type="checkbox"/> football | <input type="checkbox"/> racquetball | <input type="checkbox"/> video games |
| <input type="checkbox"/> biking | <input type="checkbox"/> gardening | <input type="checkbox"/> reading | <input type="checkbox"/> water sports |
| <input type="checkbox"/> boating | <input type="checkbox"/> golfing | <input type="checkbox"/> sewing | <input type="checkbox"/> woodworking |
| <input type="checkbox"/> bowling | <input type="checkbox"/> home repairs | <input type="checkbox"/> snow sports | <input type="checkbox"/> other _____ |
| <input type="checkbox"/> cell phone (frequent) | <input type="checkbox"/> jogging/running | <input type="checkbox"/> soccer | _____ |
| <input type="checkbox"/> computer/internet | <input type="checkbox"/> knitting/crocheting | <input type="checkbox"/> tennis | _____ |
| <input type="checkbox"/> cooking | <input type="checkbox"/> musical instrument
type: _____ | <input type="checkbox"/> texting | _____ |

2. Which of the following visual demands do you encounter on a regular basis? (check all that apply)

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> close-up work | <input type="checkbox"/> night driving | <input type="checkbox"/> tasks with artificial lighting | <input type="checkbox"/> work outdoors |
| <input type="checkbox"/> computer work | <input type="checkbox"/> safety eyewear required | <input type="checkbox"/> tasks with natural lighting | <input type="checkbox"/> other _____ |

- 3. Are you an avid reader?** yes no
If yes, do you own a dedicated pair of reading glasses? yes no

4. Are you experiencing any difficulties with your eyeglasses and/or contact lenses such as the following:

- | | | | |
|--|--|---|--------------------------------|
| <input type="checkbox"/> constant adjustment | <input type="checkbox"/> difficulty with peripheral vision | <input type="checkbox"/> fluctuating vision | <input type="checkbox"/> glare |
| <input type="checkbox"/> other: _____ | | | |

5. Are you experiencing glare from any of the following:

- | | | |
|---|--|--------------------------------------|
| <input type="checkbox"/> computer screen | <input type="checkbox"/> night driving | <input type="checkbox"/> water/snow |
| <input type="checkbox"/> fluorescent lights | <input type="checkbox"/> sunshine | <input type="checkbox"/> other _____ |

6. If you are a contact lens wearer, do you have:

- an up-to-date pair or prescription eyeglasses yes no
- non-prescription sunglasses yes no

7. Do you have a metal or silicone allergy? yes no

8. Do you spend a fair amount of time on a computer or handheld device? yes no

9. Do you consider yourself sensitive to light? yes no

10. Do you regularly protect your eyes outdoors with polarized sunglasses? yes no

11. What do you like or dislike about your current eyewear? _____

12. Do you have any additional comments that you feel may be relevant? _____
